

Reusable instructions that teach Claude Code new capabilities.

## What is a Skill?

A Skill is a **set of instructions** that you give Claude Code once — and reuse anytime. Think of it as a **recipe**: you define the steps, and Claude follows them every time you invoke the skill.

Skills can do anything: write code in a specific style, review your work, generate documents, run workflows — whatever you can describe in words.

```
$ /grill-me
```

Invoke a skill like a slash command. Claude loads the instructions and starts working.



### /grill-me

by Matt Pocock

AI as a **critical sparring partner**. Instead of jumping straight into work, Grill-me forces Claude to **interview you relentlessly** — asking tough questions until your plan is actually solid.

- 1 You describe your **plan or design**
- 2 Claude **asks hard questions** — finds gaps, contradictions, risks
- 3 You refine until both sides **reach shared understanding**
- 4 Only then: **build with confidence**

---

[github.com/mattpocock/skills](https://github.com/mattpocock/skills)